

CELEBRATING SUCCESS



Inspiration & Associates

“Inspiring life long change!”

Lisa Solterbeck, MSW, CSWA

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Employees – 1

Inspiration & Associates, led by Lisa Solterbeck, helps people on life’s journey, especially those dealing with grief or loss or transitions. She works with couples, individuals, and children eight years of age or older.

When asked what makes her practice unique, she says, **“I am able to connect with people wherever they are.”** She believes her work is an ideal match for her personality—open-minded, accepting, and not “stuffy.” As a result, her practice has grown rapidly.

About her greatest successes, she says, **“I have a full practice, even though I do not accept insurance.”**

She has a contract with the Marion County Juvenile Department for all their neurological screenings and a contract for the Employee Assistance Program.

While she continues to build her practice, she plans to expand her holistic healing services by combining related businesses under one roof to help people heal their minds, bodies, and souls.

History

Lisa was a single mom with two sons, working four jobs and going to school part-time. She earned a B.S. degree from Western Oregon University, where she majored in Psychology, with minors in Sociology and Health. She completed her M.S.W. at Portland State University.

As she worked at Marion County Children’s Mental Health, she dreamed of becoming a therapist in a carefully crafted environment—one that was warm and welcoming. Private practice was the only way to do that.

Partnership with MERIT

Lisa participated in the Winter 2006 class of MERIT entrepreneurs. **“MERIT’s advising services have really helped me to look outside the box. I’ve received great advertising tips and products that have assisted in my bookkeeping.”**



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